

HELP STOP THE SPREAD OF HIV



Since 2002, the number of people infected with HIV in Canada has increased by 16% to 58,000 people

If you are having trouble talking about safer sex with your partner, try having condoms or dental dams visible, or write your partner a note that you want to have sex and include a condom or dental dam with it. Talk about safer sex before you have sex.

Remember it is not who you are,
but what you do that puts you at risk.

Know your status.
Learn how to reduce your risk.
Help stop the spread of HIV.

It's time.



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